

PAR3

SOMETHING TO SHARE...OR NOT!

AVAILABLE DAILY 11:00 AM - CLOSE

3 CHEESE ARTICHOKE GRATIN	16
PARMESAN, RICOTTA, CHEDDAR CHEESE, SAUTÉED SPINACH, LEEKS, ONION, FRESH HERBS, A SPRINKLE OF ARUGULA, TOASTED BAGUETTE FOR DIPPING	
WILD MUSHROOM AND ITALIAN SAUSAGE PIZZA	18
PARMIGIANO-REGGIANO AND A HINT OF HEAT	
PAR 3 MEAT PIZZA	21
MOLIINARI SALAMI, PEPPERONI AND MEATBALLS, MOZARELLA AND PARMESAN	
NACHOS (V)	15
CHEDDAR FONDUE, BLACK BEANS, PICO DE GALLO, GUACAMOLE, CHIPOTLE CREAM ADD CHICKEN 6 ADD PULLED PORK 6	
CHICKEN WINGS (GF)	13
CHOOSE NAKED, SPICY, MILD OR MAPLE-CHIPOTLE, WITH BLUE CHEESE DIP AND CRUDITE	
CARNITAS PULLED PORK TACOS (GF)	14
PICKLED ONIONS, JALAPENO CREAM AND CILANTRO	
OREGON COD FISH TACOS (GF)	15
SPICE RUB, LIME-CABBAGE SLAW, AVOCADO, CHILI CREAM	
COASTAL FRY CALAMARI	13
REGULAR OR SPICED, LEMON CAPER AÏOLI - ADD FRESH GARLIC 1	
SALMON CAKES WITH LEMON CAPER AIOLI	16
PANKO CRUST, ARUGULA SALAD WITH A LEMON VINAIGRETTE	
ROASTED CAULIFLOWER PARMESAN (V, GF)	13
ROASTED CAULIFLOWER TOSSED IN ONION, GARLIC, THYME, CHILI FLAKE, PARMESAN CHEESE WANT TO SPICE IT UP...ADD BUFFALO HOT WING SAUCE 2 - SO GOOD!	
CHEESY GARLIC BREAD (V)	4
FRIES	6
REGULAR, SPICED - ADD: SAUTÉED ROASTED GARLIC 1	

SOUP & SALAD

FRENCH ONION SOUP	7 CUP 9 BOWL
CARAMELIZED ONION, SHERRY WINE, CROSTINI, SWISS CHEESE GLUTEN FREE OPTION AVAILABLE	
ARTICHOKE SOUP (V,GF)	8 CUP 10 BOWL
BROWN BUTTER, CRUSHED MARCONA ALMONDS VEGAN OPTION AVAILABLE	
CAESAR SALAD	11
AVOCADO, PARMESAN, GARLIC CROUTONS	
OREGON COD FISH TACO SALAD (GF)	17
TOSSED ROMAINE LETTUCE, PICKLED ONIONS, BLACKED BEANS, PICO DE GALLO, AVOCADO, LEMON VINAIGRETTE SUBSTITUTE GRILLED CHICKEN, CARNITAS OR ROSEMARY BALSAMIC TRI TIP	
COBB SALAD (GF)	17
CHICKEN, BACON, TOMATOES, GREEN ONION, BLUE CHEESE CRUMBLES, AVOCADO, BLUE CHEESE DRESSING	

MAINS

"BETWEEN THE BREAD" COMES WITH CHOICE OF FRENCH FRIES OR SEASONAL GREEN SALAD

BUFFALO CHICKEN SANDWICH	13
FRIED CHICKEN BREAST TOSSED IN BUFFALO WING SAUCE, BLUE CHEESE DRESSING, HOUSE SLAW, FOCACCIA ADD BACON OR AVOCADO 2	
THE CUBANO	16
PULLED PORK, THINLY SLICED HAM, HOUSE MADE PICKLES, SWISS CHEESE, SPICY MUSTARD AIOLI, FRENCH ROLL	
PAR3 GRIND BURGER	15
LETTUCE, TOMATO, ONION, PICKLES, SECRET SAUCE, KAISER ROLL ADD SWISS, CHEDDAR, BLUE CHEESE, PEPPER JACK, FRIED EGG, JALAPENO 1.5 EACH ADD: GRILLED ONIONS, SAUTÉED MUSHROOMS, BACON, AVOCADO 2 EACH	
MEXICANO BURGER	19
ROASTED JALAPENO, AVOCADO, PEPPER JACK CHEESE, CILANTRO, CHIPOTLE SLAW, KAISER ROLL	
THE BLUE SHROOM BURGER	23
PORK BELLY, WILD MUSHROOMS, BLUE CHEESE DRESSING, CARAMELIZED ONION, KAISER ROLL	
GRILLED CHICKEN CLUB	14
LETTUCE, TOMATO, ONION, BACON, CHEDDAR CHEESE, AVOCADO & SMOKED CHILI AÏOLI, FOCCACCIA ROLL FRIED CHICKEN CLUB 1.5	
TUNA MELT	13
ALBACORE TUNA WITH CHEDDAR CHEESE SERVED ON SLICED SOUR DOUGH, TOMATO, ONION, LETTUCE, LEMON CAPER AÏOLI - ADD AVOCADO 2	
REUBEN	15
SLOW BRAISED CORNED BEEF, SLICED THIN, MELTED SWISS, COLESLAW, SERVED ON MARBLED RYE WITH HORSERADISH AÏOLI	
FISH & CHIPS	19
BEER BATTERED OREGON COD, FRIES, COLE SLAW, TARTAR SAUCE	

HOUSE SPECIALS

AVAILABLE 4:00 PM TO CLOSE

SPRING RISOTTO (GF,V)	16
ARBORIO RICE, PARMESAN, RICOTTA, ASPARAGUS, ARTICHOKE, ENGLISH PEAS & A HINT OF MINT ADD: SEARED SALMON STEAK WITH LEMON CAPER AIOLI (GF) 24 ADD: PAN ROASTED HERB CHICKEN BREAST WITH BROWN BUTTER SAUCE (GF) 22	
BEEF STROGANOFF	24
SAUTÉED MUSHROOMS, THYME, ONIONS, SOUR CREAM DEMI-GLACE SERVED OVER A BED OF EGG NOODLES	
BEEF AND ITALIAN SAUSAGE LASAGNA	20
SERVED WITH A SIDE CAESAR SALAD AND HOUSE MADE FOCACCIA	
NANA'S MEATLOAF	21
MASHED POTATOES, SEASONAL VEGETABLES AND CARAMELIZED ONION GLAZE	

DESSERT IS ALWAYS A GOOD IDEA

BUTTERSCOTCH CRÈME BRULEE	8
GUITTARD WARM CHOCOLATE BROWNIE A LA MODE	7
CINNABON BREAD PUDDING	8
ADD VANILLA BEAN ICE CREAM TO ANY DESSERT	2
ONE SCOOP	

20% GRATUITY WILL BE ADDED TO ALL PARTIES OF 6 OR MORE - CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.